

Virtual COOKING Classes

Sunday

Sept 27

2:00-3:00 pm

Salads in a Jar \$25

One of the coolest trends for packing salad is to use a mason jar. Learn how to make a layered salad, and how to keep it fresh so you don't have to spend all morning chopping vegetables to make your lunch. The Art of layered salad in a jar is the perfect mix of fresh produce, filling protein, and flavorful extras. Made right, salad in a jar can be fun, fresh, packed with flavor and quick to prep and you will get a e-recipe book.

Sunday

4:30-6:00 pm

4 class series

Register for 1

class or all 4

10/4, 10/14

11/1, 11/15

\$25 per class

per person

Fast & Fresh Electric Pressure Cooker Meals

Pressure Cooking 101 (or Making the Most Of Your Electric Pressure Cooker) Learn the basics of pressure cooking and we will make a delicious Root Vegetable Mash

Let's face it - we are all busy! Do you struggle to get healthy, delicious dinners done in a short amount of time? Have you ever forgotten to thaw meat for dinner or pre-soak the lentils? We have a solution for both of those challenges - Pressure cooking saves you time and is a great way to cook delicious meals in a hurry! Pressure cooking is a true game-changer when it comes to meal time.

Class 1: In this workshop learn all the basics of Electric Pressure Cooking, and make a delicious Vegetable Root mash, packed with flavor and a great way to eat your veggies!

Class 2: Sunday October 18 at 4:30 pm Vegan Spinach and Lentil Soup made in the pressure cooker - The Red Lentil & Spinach Soup will become your new weeknight favorite because it comes together fast and has plenty of healthy ingredients. The red lentils have a subtle flavor that compliments the cumin, coconut, and lime in this soup. Plus, it's very filling.

Class 3 Sunday November 1 at 4:30 pm Veggie Pasta - this recipe is a stand in for when you need hot dinner on the table fast! Using veggies you have on hand and enhancing the jar pasta sauce make for a delicious healthy meal that will become your family favorite.

Class 4: Sunday November 15 at 4:30 pm Cheesecake - in the Pressure Cooker If you love cheesecakes like I do - stop spending too much and learn how to make them. Making cheesecake in the pressure cooker is THE BEST and the easiest method to make this decadent dessert quickly. The steady heat and steamy environment makes every bite creamy and silky-smooth. The flavor possibilities are endless We will make a Strawberry Cheesecake.

For more information and to register contact
Ross MacNeil

Recreation Director Town of Halfmoon
Recreation Department

2 Halfmoon Town Plaza, Halfmoon, NY 12065

(518) 371-7410 ext 2272

(518) 371-0936 (fax)

Virtual COOKING Classes

Let your Tastebuds Travel

Have you always wanted to try different cuisines without spending a fortune at restaurants? In this cooking series we will explore different world cuisines and learn to cook authentic dishes filled with flavor.

All classes will be on Sundays 4:30 pm and will run 60-90 minutes \$25 per class per person

10/11
4:30 pm

Homemade Tikka Masala Sauce and Naan Pizzas \$25

This no guilt pizza is so versatile and delicious. If you are a fan of Tikka masala, you will want to try this! Learn how to make homemade Tikka Masala sauce (amazing simmer sauce for veggies and other proteins) that will serve as the pizza sauce and perfectly cooked tofu as our pizza topping. The flavor possibilities are endless We will make a Strawberry Cheesecake.

10/25
4:30 pm

Taste of Thai \$25

Yellow Thai Curry is super tasty vegan option for a delicious meal, packed with lots of fresh vegetables! This Thai curry made with coconut milk and Thai herbs-spices is super flavorful and sure to become your family favorite.

11/8
4:30 pm

Taste of Tanzania - Maharagwe-ya-mnazi \$25

Maharagwe-ya-mnazi is a National dish of Tanzania Swahili dish which is made from red kidney beans, very simple spices, tomatoes and coconut milk. In the Kiswahili language maharagwe is red kidney beans and mnazi is coconut. This vegan one pot meal is filling and super tasty

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